



International
MedicalRelief

2022
Annual Report

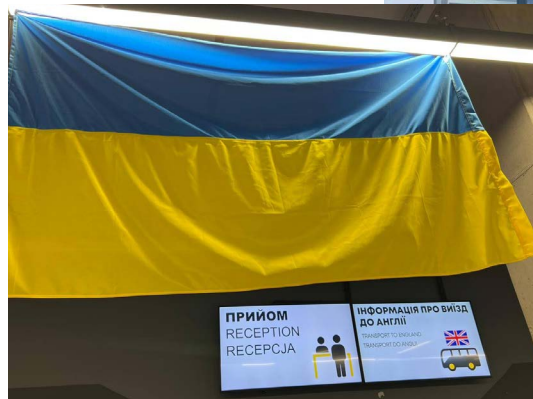
Letter From Our President

At the end of 2022, I reflect with gratitude and the greater good to which we have served this year. I recognize and appreciate those who came forward this year as we ventured back into the world from the Covid-19 pandemic and offered support and service to vulnerable communities.

During the onset of our global comeback, we faced the crisis of the Russian invasion of Ukraine. After one month of passing forward our Covid response efforts to our Colorado partners, a new crisis was upon us. From the shelters of Colorado to the shelters of the Ukrainian refugees, our teams went back into similar conditions to serve a very new vulnerable community.

IMR recognized the need to foster health care services for the refugees and deliver respectful and responsible care. So far, our teams have provided more than 181 clinics in the greater Poland area. Here, we have seen resilience in faces of 362,000 patients that we have served. We have witnessed their struggles and heard their cries.

I am thankful for our volunteers who hugged grandmothers that came to us after bombs destroyed their homes. I am thankful for the IMR volunteers who cared for moms who lost their husbands and brothers in their fight for freedom. I am thankful for the IMR volunteers who nurtured children after their parents sent them on buses out of Ukraine in the hope of a better future. I am thankful for the generous Polish citizens who have opened their arms to



IMR's efforts and recognize how fragile freedom is becoming in many places. They should not carry this burden alone.

I am thankful to the IMR DART Leaders (Disaster Area Response Teams), led by Karla Prentiss and PJ Caballa, who were on the ground in Ukraine, Romania, and Poland within days of the conflict, assessing where IMR could add value. IMR team members heroically initiated multiple clinic sites, worked with the government to create new regulations and international legislation allowing volunteers to serve, and walked among the halls of the shelters where patriotism stood tall among the refugees at the sound of the Ukrainian national anthem.

IMR volunteers came forward in our great time of need. I am thankful for the grace and hope the 622 IMR volunteers showed our Ukrainian guests with kind, compassionate care. Still today, IMR volunteers continue to serve the displaced Ukrainians every day without hesitation. I am thankful for their gratitude as the fight continues forward. IMR still stands on the frontline. IMR still stands up for our patient population, and IMR stands up for humanity.

Shaun Kig

Words and Images from Poland



"Serving with IMR last week in Poland was truly an honor. Amazing organization, fantastic leadership, and superb work that was accomplished! Being able to make a difference in the lives of others is what it's all about, and IMR really stands by this. I honestly didn't know what to expect when I stepped of the plane in Warsaw, but when I left a week later, I felt that our team left a significant impact on the lives of these courageous people. It was my first time serving in Europe, and I can proudly say that it won't be my last! What an unforgettable and humbling experience! Thank you to IMR, Karla, Lana, and all the amazing volunteers that I will never forget!"

"It's been a wonderful week as I watched IMR stand in the gap and fill in the holes for the Ukrainian people in Poland. It was a privilege and honor to be a part of that."

"While we thought we were going to help people, they gave us so much back. Upon returning home, we realized how much of a soul-cleaning experience it was. We will never take anything for granted. With just a backpack and a few belongings, the Ukrainians' outlook on life is still filled with hope and love, and we are grateful for the opportunity to support them."

Words and Images from Poland

"I am inspired every day by the resilience and strength of the Ukrainian people. The stories they tell are ones that no one should have to carry with them. In many cases, people have lost everything except what is in their backpacks. Patients come and go, and I am humbled and honored to be able to serve them in any way I can. The already strained Polish healthcare system was not prepared to take on such a large addition, and IMR is filling an essential need. I am privileged to be able to work with them and the inspiring volunteers who travel so far and give so much, and I would not have my gap year any other way."



"IMR has been working behind the scenes for weeks in order to have the support, supplies, and instruments to serve the dental needs of the displaced Ukrainians. It was such a privilege to serve this urgent need with this talented team of health care providers. Every volunteer with IMR treated this cause with compassion and dignity."

Accountability & Transparency



In 2022, International Medical Relief served 35,896 patients on 86 medical mission trips.

International Medical Relief is a transparent, non-profit organization that provides humanitarian assistance through medical relief. We are transparent in our mission, our work, our finances, and our operations. We believe in complete financial reporting and disclosure, and board and management fiscal responsibility for our operations.

International Medical Relief is recognized as a tax-exempt organization under Section 501(c)(3) of the Internal Revenue Code. Your gifts to IMR are tax-deductible in the United States to the extent allowed by law. For more information about our financial or non-profit status, you can contact us by phone 970-635-0110 or via email at contact@imrus.org

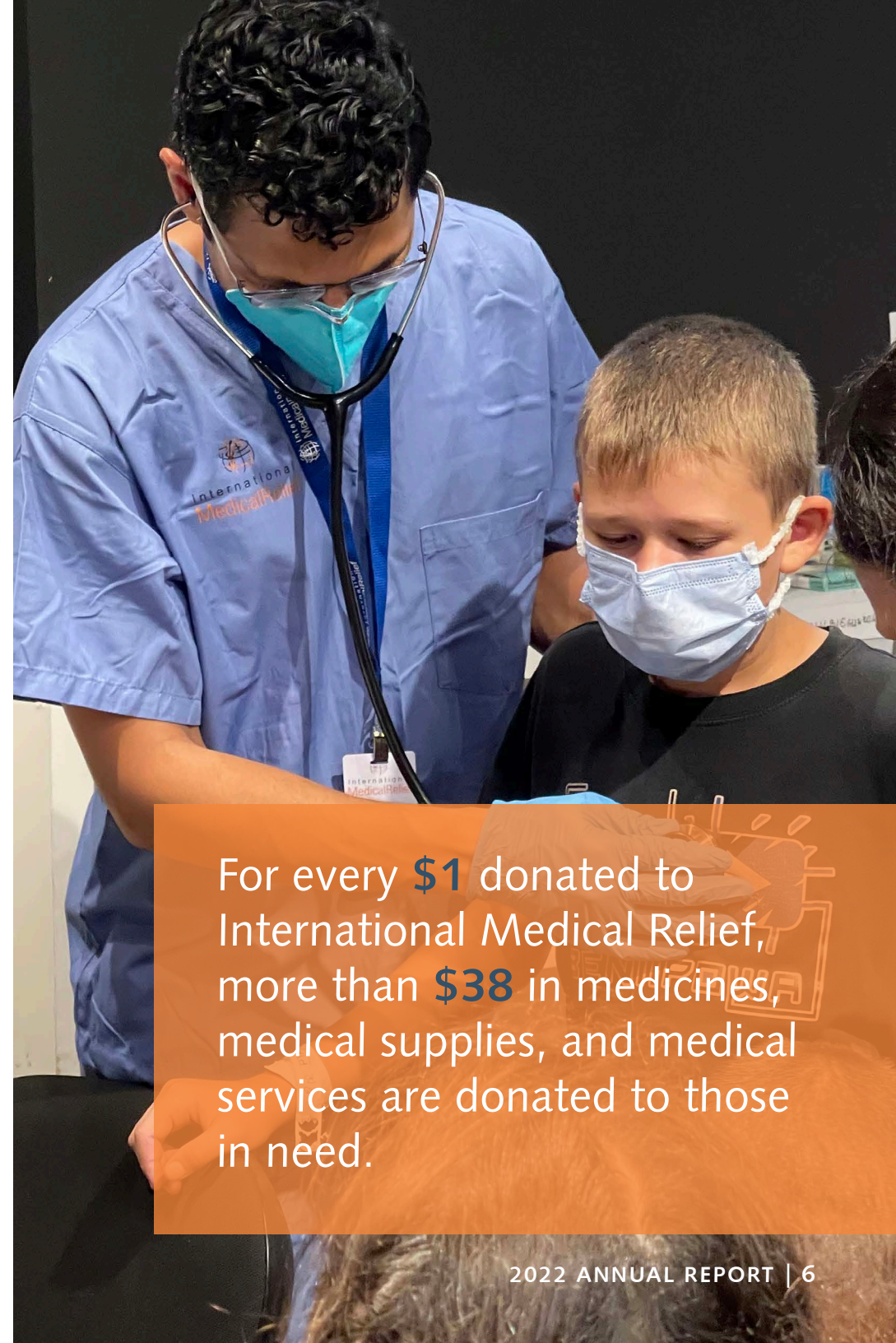
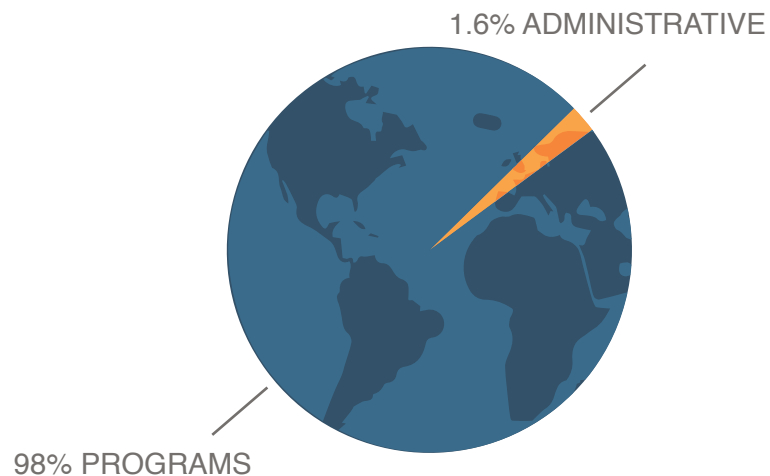
Financial Statements

These statements present the financial position of International Medical Relief for Fiscal Year 2022, which runs from January 1 through December 31. All figures are reported in accordance with generally accepted accounting principles in the United States of America.

Putting Your Dollars To Work

Use of Funds

International Medical Relief operates with just 1.6% administrative and fundraising costs, so that 98 CENTS of every dollar donated is invested directly into our programs.



For every **\$1** donated to International Medical Relief, more than **\$38** in medicines, medical supplies, and medical services are donated to those in need.

2022 at a Glance

TOTAL INCOME \$88,442,213

ADMINISTRATIVE EXPENSES \$1,418,754

PROGRAM FIELD COSTS \$87,275,918

TOTAL EXPENSES \$88,694,672

35,896

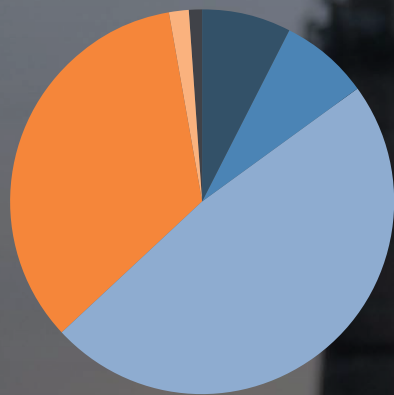
TOTAL PATIENTS SERVED

86

TOTAL MISSIONS

26

COUNTRIES SERVED



- 1% Team Member Trip Expenses
- 1.6% General & Administrative Overhead
- 34% Medical Supplies & Equipment
- 48% Clinic Operations
- 7.5% Medical Treatment - Cases
- 7.5% Community Health Training

Since 2002:

810,207

PATIENTS TREATED

3,292

TRAINED COMMUNITY
COLLABORATORS

89

COUNTRIES SERVED

3,264

Community Clinic Impact Sites

\$642,055,342

Provided in Medical Aid

\$103,582,032

Provided in Sustainable
Education & Training

\$201,057,362

Provided in Medical Equipment
& Supplies

2022 Highlights

Cambodia: Building Sustainable Capacity

IMR returned to the Thailand Gulf to serve the inhabitants of the Koh Rong for the first time since 2019. As IMR strives to forge sustainable pathways, a large donation was given to Song Saa physicians to use for the treatment of patients in the Koh Rong archipelago after our team departed. Included in this gift was an AED, lithium batteries for another AED, emergency response kit, BP cuffs, over the counter and antibiotic medications, walking canes, eyeglasses, wound care supplies, PPE, and hydration supplies. These supplies will allow patients to receive elevated care in emergencies and routine care. We were honored to help build this capacity.

Tanzania: Training Medical Personnel as a Red Cross Authorized Provider

As part of our commitment to our long-term, sustainable, and impactful education, IMR operates as an American Red Cross Authorized Provider (AP). This authorization allows us to deliver long lasting training globally. Our certified trainers instruct and deliver quality, compliant training on First Aid, CPR, AED, BLS and more. They teach this advanced program to both IMR volunteers and our international partners to advance their level of care.

In Tanzania, our team taught CPR and BLS to physicians and nurses in partnership with the Tanzanian Red Cross. Not only did the IMR team teach the course, we also donated the CPR manikins so our Tanzanian counterparts could practice and replicate the trainings. Each course instructed brings more opportunity to save and change lives.



2022 Highlights

A group of approximately 15 medical professionals, mostly women, are posing for a group photo. They are wearing blue scrubs and various types of face masks (surgical and N95). Some are wearing lanyards with ID badges. They are standing and kneeling in front of a yellow ambulance. The background shows the side of the ambulance and some outdoor setting.

Poland: IMR Receives Endorsement from the Ukrainian Embassy

In the presence of representatives of the Ukrainian Embassy in Poland and with their endorsement, IMR signed an agreement to partner with Poland-based LUX MED Group for the ongoing medical care of Ukrainian citizens who have been displaced by the war with Russia. LUX MED will provide the medical facilities and IMR will provide medical volunteers to staff them.

“We lack doctors, so every specialist, every working hand will be very valuable,” said Michał Rybak from the LUX MED Group about the IMR volunteers who are so willing to give their time to support the Ukrainians.

2022 Mission Trips

Argentina (2)
Belize (3)
Borneo
Brazil
Cambodia (2)
Costa Rica
Cuba
Ecuador
Guatemala (7)
Honduras (3)
India (4)
Jamaica
Kenya
Nepal (3)
Panama (2)
Peru (6)
Poland/Ukraine (28)
Philippines (2)
Puerto Rico (4)
Rwanda
Tanzania (3)
Thailand
Tonga
Uganda
United States
Vietnam (3)
Zambia (2)



2022 MISSION TRIPS

Board of Directors & Medical Board

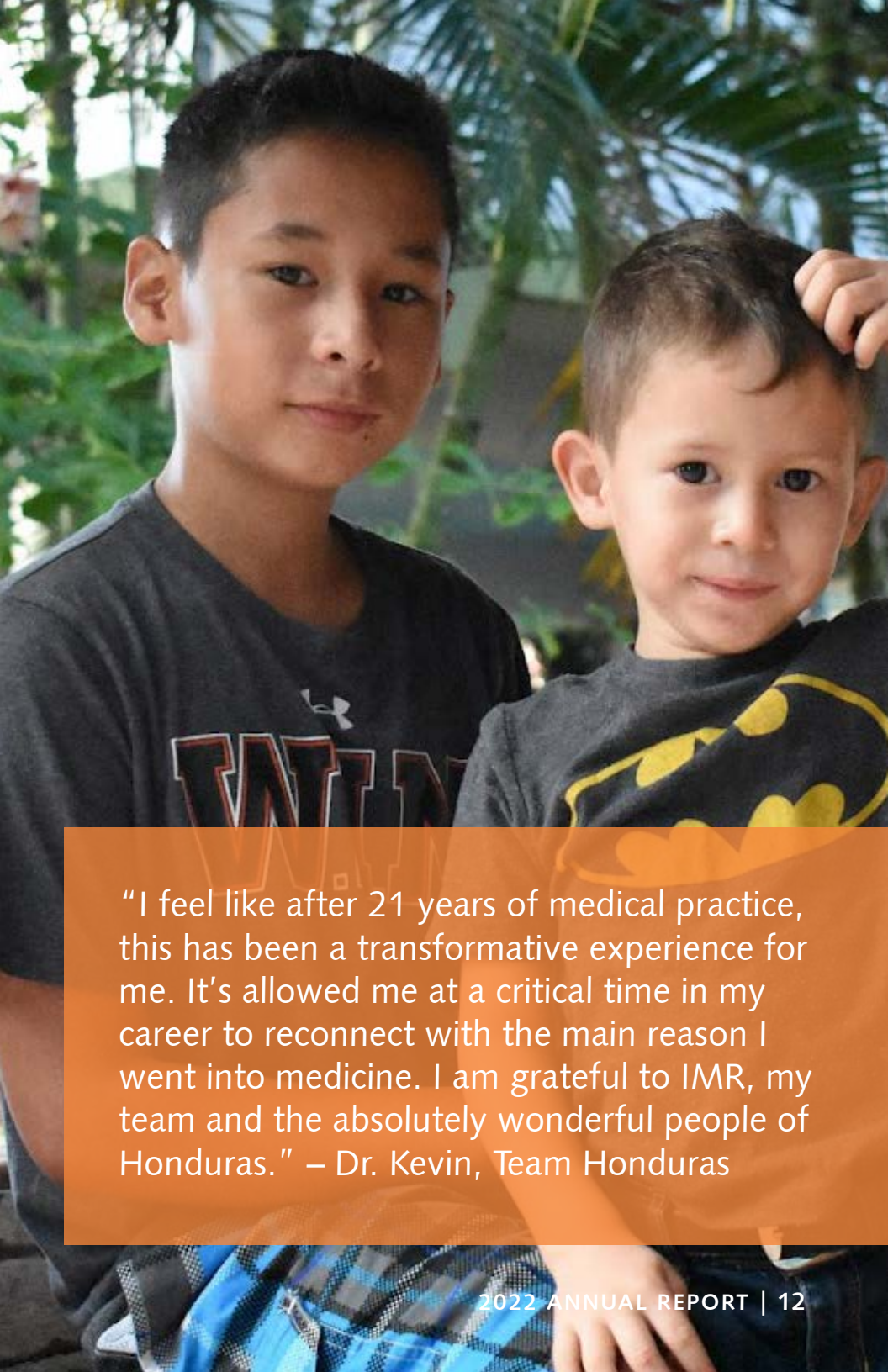
The governing bodies of International Medical Relief are proud to have oversight of the fiduciary responsibilities of the organization and the medical protocols and best practices for field operations. The boards regularly meet and provide guidance to the organization, as well as self-evaluation. Together, they provide sound, ethical, legal governance and financial oversight of the organization's operations and steer the activities toward continued success.

Board of Directors:

| Shauna King

| Ann Werts

| Tanja Thompson



"I feel like after 21 years of medical practice, this has been a transformative experience for me. It's allowed me at a critical time in my career to reconnect with the main reason I went into medicine. I am grateful to IMR, my team and the absolutely wonderful people of Honduras." – Dr. Kevin, Team Honduras



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