

LETTER FROM OUR PRESIDENT

IMR COMPLETES ITS MISSION IN DENVER

Nineteen months of some of the hardest work IMR has ever been involved with came to a close.

As the sun set on this important work at the congregate shelter at the Denver Coliseum in Colorado, we were thankful, grateful, and appreciative to every single volunteer who invested in this vulnerable population. IMR volunteers worked tirelessly 24/7 for nearly two years to provide medical care for the residents of the shelter.

From alumni to brand new members of our IMR family, this project created leaders, innovators, and change makers. Volunteers came from all over the US, India, Nigeria, France, Brazil, and Canada. They stood shoulder to shoulder with the phenomenal caregivers of Denver.

To those we served, you are forever a part of the story of courage, growth, and perseverance during the pandemic. As we take the lessons learned into the international setting, we are stronger, bolder, and more committed. We salute you.

We also give a shout out to all of the service providers we partnered with who worked tirelessly day and night.

"We are forever grateful to our many partners, and to the community, for stepping up without hesitation when the pandemic hit," said HOST Executive Director Britta Fisher, who led shelter operations. "Lifesaving work and services were quickly deployed at the Coliseum, and these measures now continue across our shelter network."

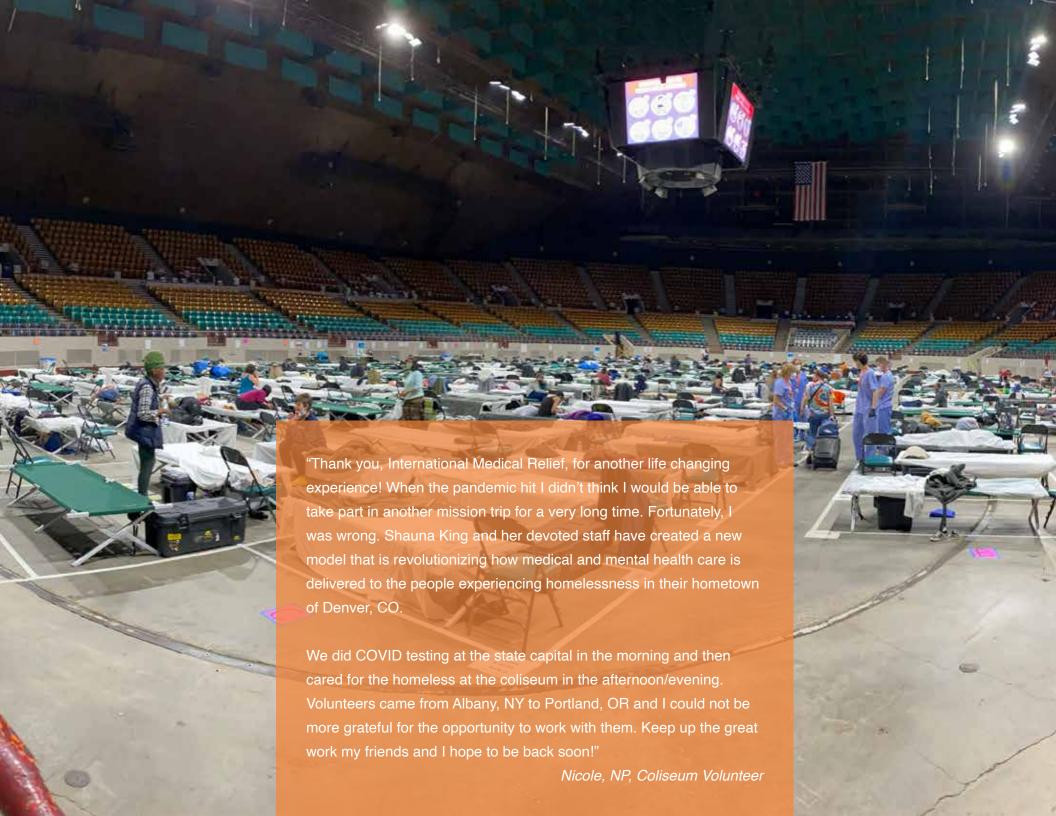




"I was lucky enough to serve as an intern and a volunteer with IMR. One of the most precious

moments that I remember was when I was working as an intern. The angel Karla walked up to me to show me a note one of the guests had written. This note was written by a woman that had suffered from several opioid overdoses in which I had to give her Narcan to keep her alive. Other volunteers and I worked with her to try to talk to her about her substance use, but it was usually met with negativity and a denial of a problem. However, in this note, she thanked IMR for saving her life. This was a life-changing experience for me, and even though school has recently occupied my time, I hope to return to IMR on one of their many medical missions."

- Will, Coliseum Volunteer



7/10/21

"I had the pleasure of volunteering with IMR at the Denver Coliseum for five days. It was hands down the most meaningful and impactful volunteer experience I've ever had. Working with the unhoused residents of Denver opened my eyes to some of the specific challenges faced by this population and afforded me a much deeper understanding of not just their medical needs but emotional and social as well. I am so grateful for this experience, and I know it will help me better serve this community as a physician one day.

I got so much hands-on experience -- wound care, vitals, etc. -- but the things I will remember most are the relationships formed and the human connections. I would highly recommend volunteering with IMR in Denver to anyone interested in the medical field, as well as anyone non-medical that is seeking to give back in a meaningful way. The IMR team leaders are the absolute best -- PJ and Karla were available 24/7 for anything we needed, and Charlie and Geo worked tirelessly showing us the ropes on the ground. The other volunteers that I worked alongside are some of the most kind-hearted people I've ever met. This is an experience I will never forget. Looking forward to volunteering with IMR in the Bahamas this December!"

Mike, second-year medical student Coliseum Volunteer



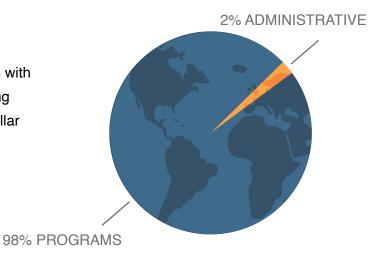


FINANCIAL STATEMENTS

These statements present the financial position of International Medical Relief for Fiscal Year 2021, which runs from January 1 through December 31. All figures are reported in accordance with generally accepted accounting principles in the United States of America.

USE OF FUNDS

International Medical Relief operates with just 2% administrative and fundraising costs, so that 98 CENTS of every dollar donated is invested directly into our programs.



PUTTING YOUR DOLLARS TO WORK



FOR EVERY \$1 **DONATED TO** INTERNATIONAL MEDICAL RELIEF, MORE THAN \$39 IN MEDICINES, MEDICAL SUPPLIES, AND **MEDICAL SERVICES** ARE DONATED TO THOSE IN NEED.

2021 AT A GLANCE

187,968 TOTAL PATIENTS SERVED 184 TOTAL MISSIONS

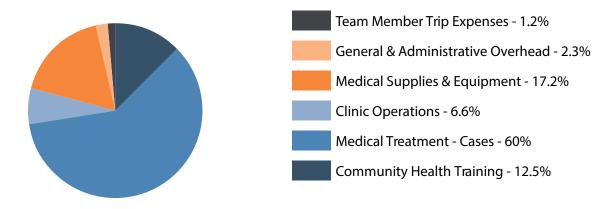
12 COUNTRIES SERVED

TOTAL INCOME \$70,647,918

\$1,611,420 ADMINISTRATIVE EXPENSES

\$67,284,109 PROGRAM FIELD COSTS

TOTAL EXPENSES \$68,895,529









"Being able to be fully immersed in a foreign culture is so rewarding. I love eating the food, learning the customs, seeing how people who seemingly have nothing are happy and grateful for everything. I think that gets me the most after these missions. I feel so bad for the patients I see, and I wish so badly I could do more for them, but even if I just give them Tylenol they are so incredibly grateful it is unreal. This mission was incredible! I love Zambia, the people, the culture, the food. Everyone was so nice and helpful. I would recommend it to anyone."

Heather, PA Zambia

HIGHLIGHTS OF THE YEAR

DISASTER RELIEF FOLLOWING AN EARTHQUAKE IN HAITI



On Saturday, August 14, 2021, a 7.2 magnitude earthquake struck Haiti 60 miles south of Port au Prince, dealing a devastating blow to an already vulnerable population. As reports of injuries and casualties continued to mount, aftershocks, landslides, and the threat of tropical storms added to the challenges. IMR teams mobilized on the ground and assembled teams of medical volunteers to deliver assistance, including medical care and food staples, to communities that were heavily impacted by the disaster. Over eight weeks from August to October, IMR volunteers treated more than 3,000 patients.



"It's hard to believe that the wonderful time with IMR team came to an end. It was a trip to remember. It was so great to serve the people in small, rural communities affected by the earthquake. We have seen so much destruction, so much pain, and so many needs around.

Some of the highlights of this trip for me were going into the community with the

mobile clinic, treating and providing medical care to almost 100 patents per day. Along with medical help, we also brought rice and beans with us for every patient. So many people are struggling with food insecurity due to the lack of food and clean water.

During this trip I realized just how much I take for granted. Clean water. Comfortable bed. Full fridge. Safe home."

- Inna, RN team Haiti



SUSTAINABLE EDUCATION FOR MEDICAL PROFESSIONALS IN TANZANIA

IMR is committed to long-term sustainable impact education. Our volunteer team that traveled to Tanzania in November taught CPR/BLS to physicians and nurses in partnership with the Tanzanian Red Cross. Not only did the IMR team teach the course, they donated CPR mannikins so our Tanzanian counterparts could practice and replicate the trainings. Thank you to the Pueblo West Fire Department in Colorado that donated the mannekins to be used in an international setting.

"Being able to be fully immersed in a foreign culture is so rewarding. I love eating the food, learning the customs, seeing how people who seemingly have nothing are happy and grateful for everything. I think that gets me the most after these missions. I feel so bad for the patients I see, and I wish so badly I could do



more for them, but even if I just give them Tylenol they are so incredibly grateful it is unreal. This mission was incredible! I love Zambia, the people, the culture, the food. Everyone was so nice and helpful. I would recommend it to anyone."

- Heather, PA Zambia

DENTAL CARE IN ZAMBIA

In Zambia, there is one dentist for every 150,000 people. With an estimated 114 dentists in the entire country, care is very difficult to obtain. Add to that the pandemic that prevented visiting teams from providing supplemental care, and the result becomes immense need. IMR was finally able to send a team to Zambia in August. Our two dentists worked tirelessly to provide essential services to those most in need: alleviating pain and providing screenings, fluoride treatments, and oral education went a long way.





BOARD OF DIRECTORS & MEDICAL BOARD

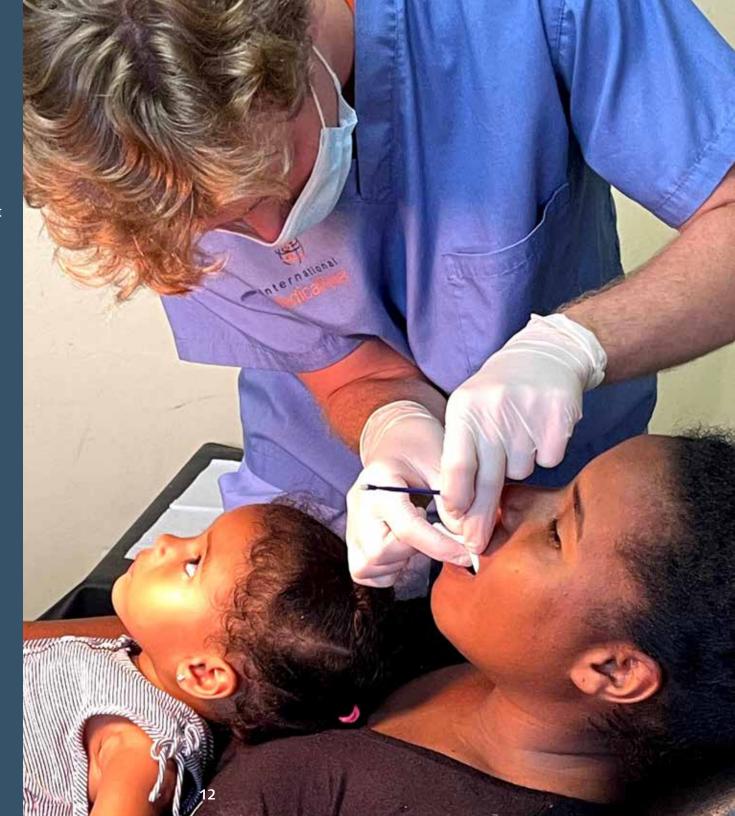
The governing bodies of International Medical Relief are proud to have oversight of the fiduciary responsibilities of the organization and the medical protocols and best practices for field operations. The boards regularly meet and provide guidance to the organization, as well as self-evaluation. Together, they provide sound, ethical, legal governance and financial oversight of the organization's operations and steer the activities toward continued success.

Board of Directors:

Shauna King

Ann Werts

Tanja Thompson





"This was a life-changing event! I got to volunteer with my sister and the experience was amazing! I plan to volunteer 2-3 times a year! The people of Guatemala are so appreciative, and this is so refreshing! It was an honor to help and volunteer for International Medical Relief!!

Our guide P.J made our experience over the top! He is a kind and extraordinary human being..... one I would strive to be like and be proud to practice medicine by his side! I cannot say enough how much this experience has changed my life... thank you so much for the experience and I look forward to many more!! I am a practicing nurse practitioner, and my sister Amy is a ER physician and we will both be back for more trips every year!" - Tera, NP Team Guatemala May 2021