



International
MedicalRelief

2019 Annual Report



ACCOUNTABILITY & TRANSPARENCY

**IN 2019 INTERNATIONAL
MEDICAL RELIEF SERVED
42,000 PATIENTS IN 97
COMPREHENSIVE CLINICS.**

International Medical Relief is a transparent, non-profit organization that provides humanitarian assistance through medical relief. We are transparent in our mission, our work, our finances, and our operations. We believe in complete financial reporting and disclosure, and board and management fiscal responsibility for our operations.

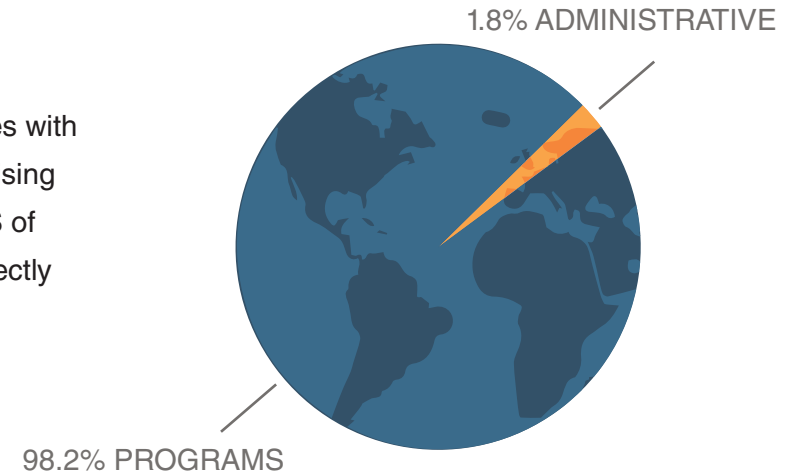
International Medical Relief is recognized as a tax-exempt organization under Section 501(c)(3) of the Internal Revenue Code. Your gifts to IMR are tax-deductible in the United States to the extent allowed by law. For more information about our financial or non-profit status, you can contact us by phone 970-635-0110 or via email at contact@imrus.org

FINANCIAL STATEMENTS

These statements present the financial position of International Medical Relief for Fiscal Year 2019, which runs from January 1 through December 31. All figures are reported in accordance with generally accepted accounting principles in the United States of America.

USE OF FUNDS

International Medical Relief operates with just 1.8% administrative and fundraising costs, so that more than 98 CENTS of every dollar donated is invested directly into our programs.



PUTTING YOUR DOLLARS TO WORK



FOR EVERY **\$1**
DONATED TO
INTERNATIONAL
MEDICAL RELIEF,
MORE THAN **\$18** IN
MEDICINES, MEDICAL
SUPPLIES, AND
MEDICAL SERVICES
ARE DONATED TO
THOSE IN NEED.

2019 AT A GLANCE

41,763

TOTAL PATIENTS
SERVED

97

TOTAL COMPREHENSIVE
CLINICS

34

TOTAL COUNTRIES
SERVED

“It takes a brief moment in time to change someone’s life... This moment was mine.”

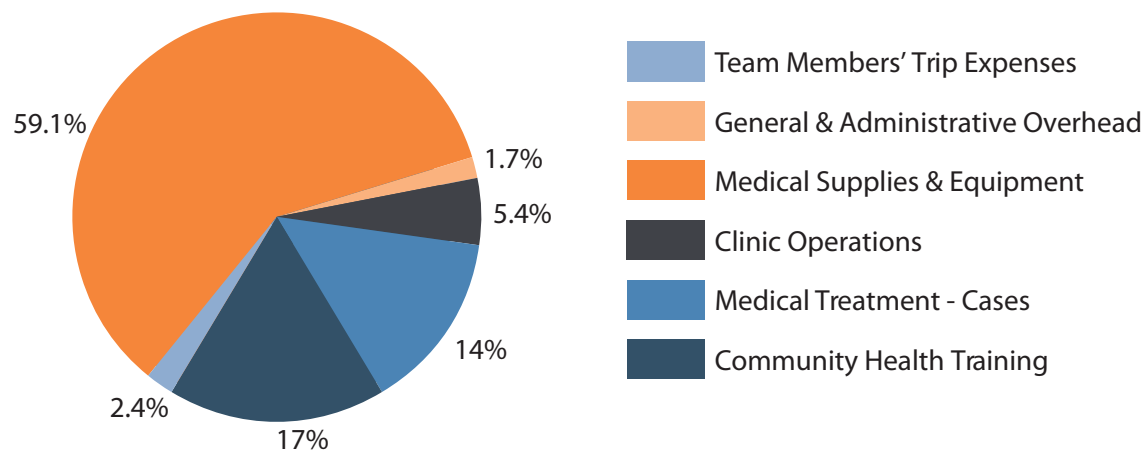
— Tricia, Team Rwanda

TOTAL INCOME \$65,922,150

ADMINISTRATIVE EXPENSES \$1,201,534

PROGRAM FIELD COSTS \$64,671,892

TOTAL EXPENSES \$65,873,426



HIGHLIGHTS OF THE YEAR

ZAMBIA REFUGEE CAMP RELIEF

Refugee camps, primarily for those escaping the Congo, have



flourished in Zambia for many years. These camps and the shanty towns that have built up around them have become permanent settlements for those who have nothing. Many residents are uncared for, unthought of, and desperately ill. At the invitation of the Zambia government, we responded with 21 volunteers

in a humanitarian effort to provide medical and dental care to the Meheba Refugee Camp.



WILDFIRES IN THE BRAZILIAN AMAZON

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SURGICAL RELIEF FOR ICHTHYOSIS PATIENTS IN CAMBODIA

LONG TERM SUSTAINABLE SOLUTIONS – CONTINUITY OF CARE

While IMR teams are in country for a short term, IMR's commitments where we serve are always long-term. IMR staff worked with our mission teams over a period of five years to bring eye care to ichthyosis patients in Cambodia, eventually leading to surgery and continual care to treat their chronic condition.

IMR has been following two siblings born with ichthyosis for the past eight years. Ichthyosis is a skin condition that prevents skin from sloughing. The skin hardens and dries because it cannot reproduce, resulting in thick scaly skin.

Throughout the last eight years, we have provided numerous expert providers and consultants as well as very comprehensive and extensive medicines and creams to treat the skin and the eyes, all while continually monitoring the patients and conducting research stateside to determine courses of action. Each medical mission team was able to add value resulting in measures that saved the patients' eyesight.



Ocular Complications – Common optic complications tie with ichthyosis. The eyelids at some point can no longer close. IMR treated the ichthyosis patients beginning with lubricating eye ointments and drops.

Strabismus – Patients can take a dramatic turn for the worse. In this case, after a multi-year evaluation, the children's eyes began to turn downward toward the nose. Once the condition becomes more severe, surgery is needed.

Surgery – The eyelids were both graphed and a long-term care plan was put into place to help the skin repair itself so that the speed of the deterioration of the skin could be reduced.

HIGHLIGHTS OF THE YEAR

BAHAMAS DISASTER RELIEF



IMR sent 19 disaster relief teams to the Bahamas over a period of six weeks in the aftermath of Hurricane Dorian. This account is from one of our volunteers who served the first week.

So blessed to be safely back on U.S. soil. This last week, our medical team of 15 was able to provide care, medications and basic life essentials to more than 400 Bahamian hurricane victims affected by the tragedy in the Bahamas.

Our focus has been on Grand Bahamas, specifically in Freeport. We staged day to day from various churches and then went house to house bringing the care directly to those unable to leave. Mostly, at this phase of the disaster, we have been managing uncontrolled chronic illness with patients unable to otherwise obtain their life-saving medication, resulting in uncontrolled diabetes and hypertension. We also saw multiple injuries and illness secondary to the flooding and generalized poor living conditions, UTIs, cellulitis and various wounds.



Mostly though, in Freeport I think the biggest current issue (second to the need for basic life-sustaining necessities) is the enormous amount of grief and trauma these families are still coping with. Remember, this Category 5 hurricane stalled out directly over Freeport for 2.5 days, with raging winds that ripped through communities and brought with it in Freeport up to 10 feet of flooding in some spots (28 feet deep in Abaco which is now essentially gone).

There's not a single person that I spoke with that didn't lose either their home or someone they know to this storm. Although the death toll officially remains at 51 (last I saw), the general consensus of most Islanders was that the actual death toll is probably more between 2,000 to 3,000 people. Many of these will never be accounted for because they were swept out to sea or are undocumented refugees.

BAHAMAS DISASTER RELIEF (CONTINUED)



More importantly, this country is a praying nation and instead of counting their losses, the general theme of what I saw was an incredible gratitude for those lives that were spared. These people have turned to their faith, now more than ever, to see them through this difficult time and quite frankly it's about the only thing some of them have not lost,

especially when it would be so easy.

The Bahamian people's motto is "Forward Upward Onward Together" which heralds to the direction and manner in which this country will now have to do more than ever.

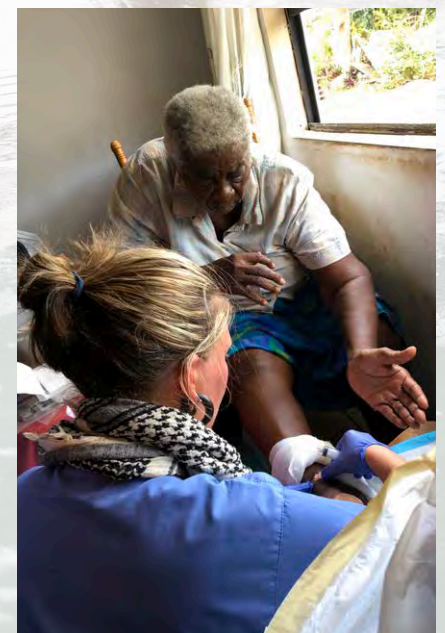
Now, I'm home, but the Team will now switch its focus over to Nassau, where there are thousands of displaced storm refugees. More than 1600 pounds of equipment and supplies were loaded onto a float plane today and transported there. Your continued prayers for that team's safety and resiliency to do their job well and provide care for those in need would be greatly appreciated.

As we all settle into our comfortable beds tonight, freshly showered with our clean water, in our air-conditioned homes, with a belly full

of food... May we all look up for a moment of gratitude for the lives we are so blessed to have... And remember to continue to lift up the Bahamian people that are still without the comforts of life and a long road of rebuilding that lays ahead.

I'm not sure what's next for me and my continued involvement, but I know that there is so much more to be done. I sure miss my team and wish we were sitting together after a day in the field, eating MRE's and preparing for another day of connecting with these beautiful islanders. I was so blessed and privileged to have been a part of such an amazing group of people doing something together for these people that we will forever share.

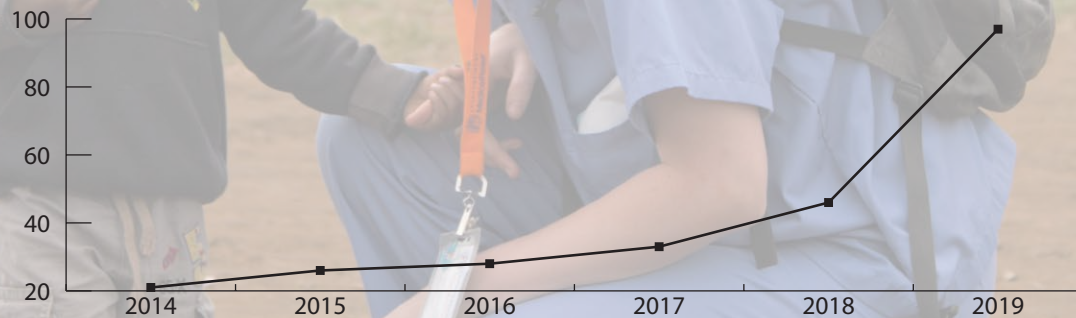
Julie, Bahamas Disaster Relief Volunteer



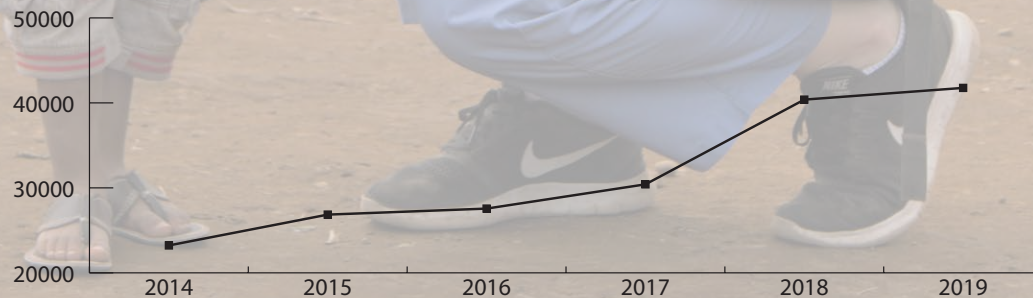


OUR ABILITY TO RESPOND TO COMMUNITIES IN
NEED AROUND THE WORLD CONTINUES TO GROW.

PROGRAMS



PATIENTS



So far, the days in Africa have been heartbreaking, hard, full of life lessons learned, stressful, and MAGICAL. We have been hosted by a family who does so much for their community, hiked the rainforest, crossed across the Nile River to reach an island community to provide care, ate lots of food prepared with love, visited a school and played games with the children, had Africa morning run club, and were loved on and got to love on some of the most beautiful children in the world.

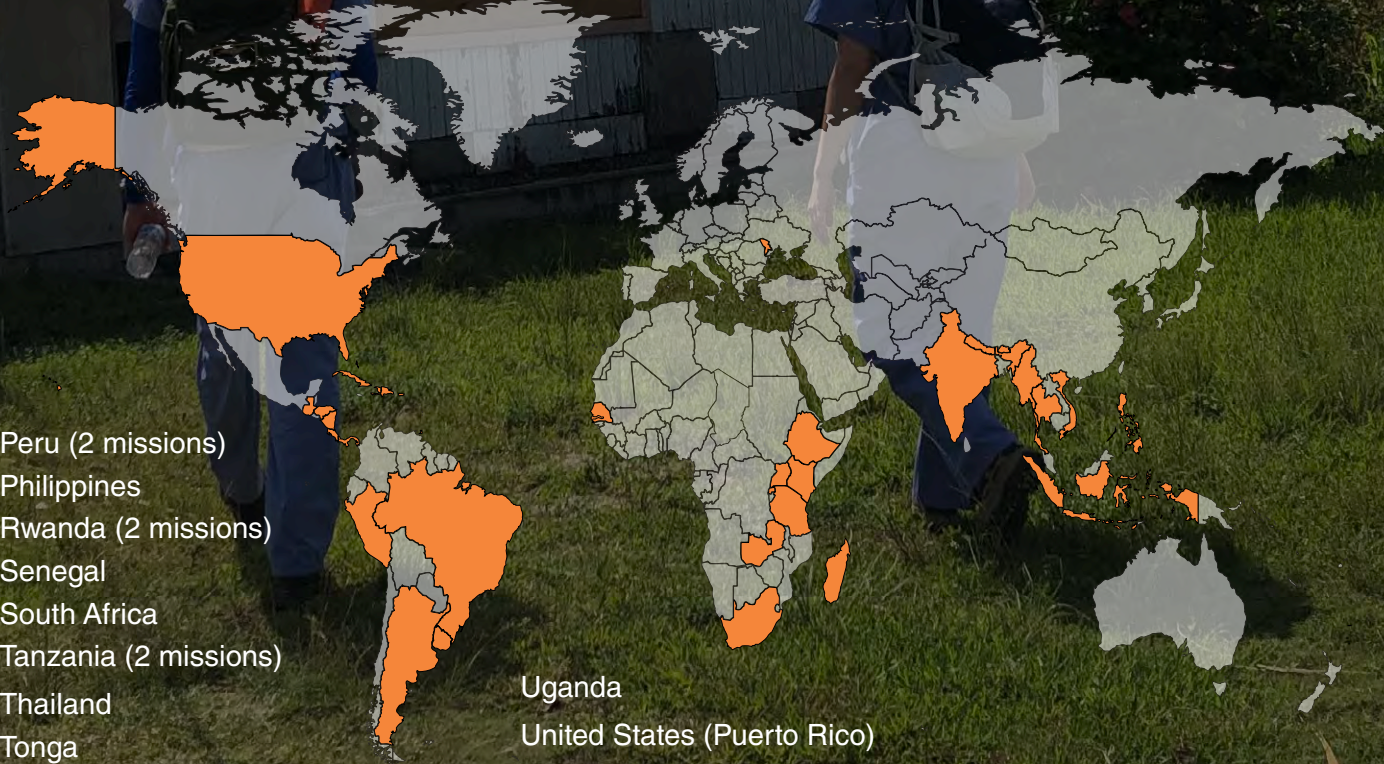
- Kristen, Team Uganda

2019 MISSION TRIPS

Argentina (4 missions)
Bahamas (19 missions)
Bhutan
Brazil (4 missions)
Cambodia
Costa Rica (7 missions)
Cuba (2 missions)
Dominican Republic
The Gambia
Guatemala (14 missions)
Haiti (7 missions)
Honduras
India (3 missions)
Indonesia
Kenya (2 missions)
Madagascar
Myanmar
Nepal (4 missions)
Nicaragua (2 missions)
Panama

Peru (2 missions)
Philippines
Rwanda (2 missions)
Senegal
South Africa
Tanzania (2 missions)
Thailand
Tonga
Transnistria (Moldova)
Trinidad & Tobago

Uganda
United States (Puerto Rico)
Vietnam (2 missions)
Zambia (3 missions)



2019 MISSION TRIPS

BOARD OF DIRECTORS & MEDICAL BOARD

The governing bodies of International Medical Relief are proud to have oversight of the fiduciary responsibilities of the organization and the medical protocols and best practices for field operations. The boards regularly meet and provide guidance to the organization, as well as self-evaluation. Together, they provide sound, ethical, legal governance and financial oversight of the organization's operations and steer the activities toward continued success.

Board of Directors:

Shauna King

Ann Werts

Tanja Curtis





International Medical Relief

I travel for the stories. The stories of those who have seen and lived through a different journey than my own. Stories of joy through the sorrow, of triumph through the hardship. Stories of hopes and dreams, stories of courage and strength, stories that inspire and heal. Stories of heroes. Stories of beauty and faith and kindness. Stories of LOVE. Everyone has a story that's worth telling. And I want to know yours.

The stories that I heard from my fellow volunteers, from our hosts, from the people we served in Thailand captured my heart and renewed my spirit in ways that I could've never even imagined. What a privilege it was to share this adventure with an old friend and so so so so many new ones. They say a picture is worth a thousand words... but the memories we made, the tears we cried, the laughter we shared, and the love we gave and were given can only be felt in the heart. My deepest gratitude to all those who made this chapter in the story of my life so special and I am so very honored to have been a part of yours.

— Meena, Team Thailand volunteer