

Hand washing and basic hygiene



One of the best ways to avoid getting sick from germs and worms is to wash hands with soap and water. Even if your hands look clean, germs and worm eggs can be on them. These can make you sick if they get into your mouth or on your food.



This simple hand-washing device allows you to wash your hands using very little water. It also allows you to rub both hands together while water runs over them, which removes germs.

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