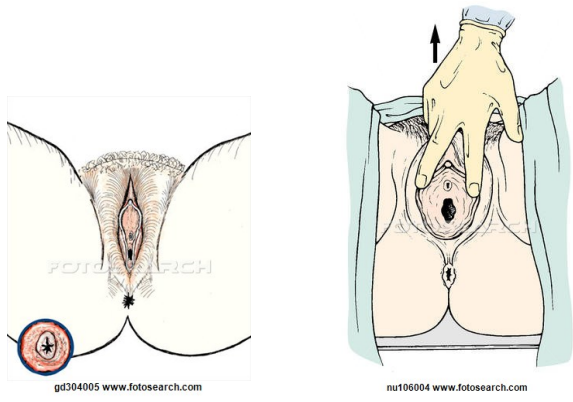
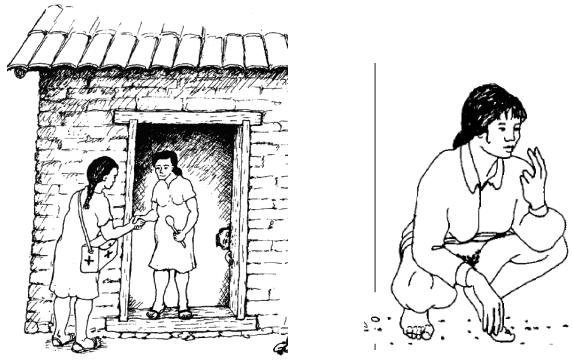
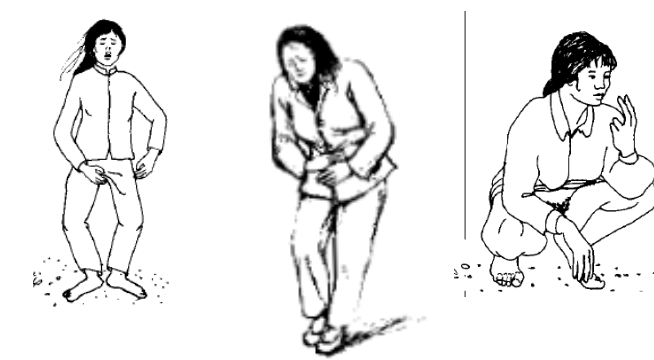


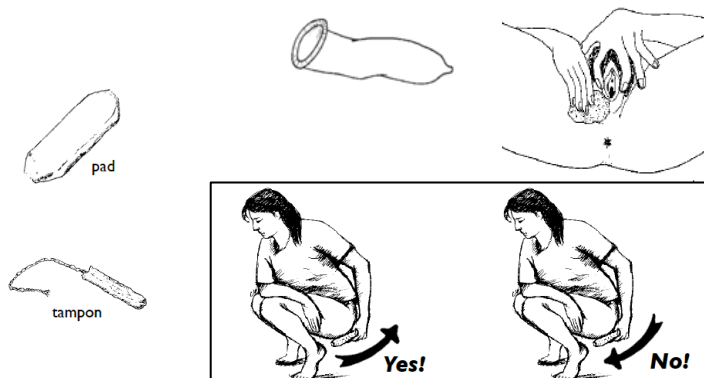
VAGINAL INFECTIONS

<p>1. WHAT IS A VAGINAL INFECTION?</p>	<p>A Vaginal Infection is:</p> <ul style="list-style-type: none"> An irritation of the vagina that causes changes in vaginal discharge, itching, odor, and other signs. 	
<p>2. WHEN IS MY DISCHARGE OR ODOR NORMAL?</p>	<ul style="list-style-type: none"> Vaginal discharge is a normal part of a woman's monthly cycle. Vaginal discharge during your monthly bleeding may smell different Normal discharge may be thin or thick/creamy. Painless without a foul odor Should not itch Sometimes the vagina can be too dry, especially as women get older 	
<p>3. SIGNS OF A VAGINAL INFECTION</p>	<p>It is an infection if:</p> <ul style="list-style-type: none"> Change in the amount, color or odor of vaginal discharge Itching or burning around the vagina Burning when urinating An urge to urinate more often Sores or warts near the vaginal opening Painful sexual intercourse Chills or fever Stomach or abdominal pain or cramping 	
<p>4. TYPES OF VAGINAL INFECTIONS</p>	<ul style="list-style-type: none"> 4 main types 	<ul style="list-style-type: none"> Fungus (Yeast Infection) Bacteria in stool (Bacterial Vaginosis) Low estrogen levels (Atrophic Vaginitis) Sexually transmitted diseases (Trichomoniasis Vaginitis)

PREVENTING VAGINAL INFECTIONS

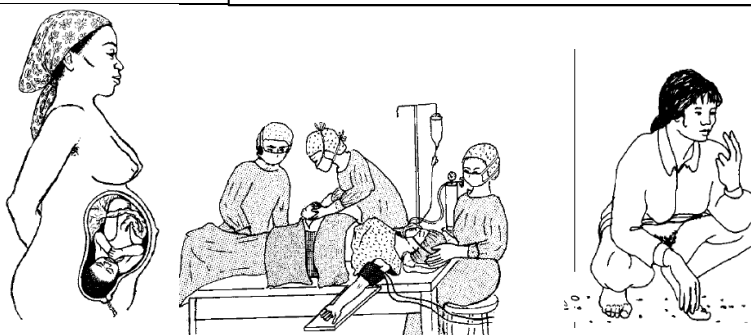
5. PREVENTION

- Clean the vagina every day with water
- Keep the vagina dry
- Always wipe from front to back (toward the butt)
- Change sanitary cloths frequently
- Use condoms to prevent sexually transmitted diseases
- Do not douche or flush the vagina



6. CAN VAGINAL INFECTIONS HURT MY NEWBORN BABY?

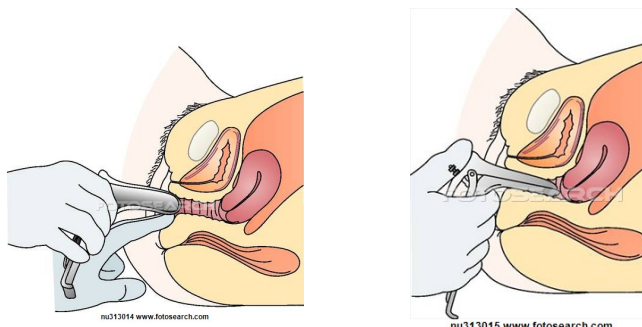
- Your baby can get sick if you have a vaginal infection
- Always go to the doctor, nurse, or midwife if you are pregnant for a check-up
- Tell if you have discharge or a bad smell



TREATMENT OF VAGINAL INFECTIONS

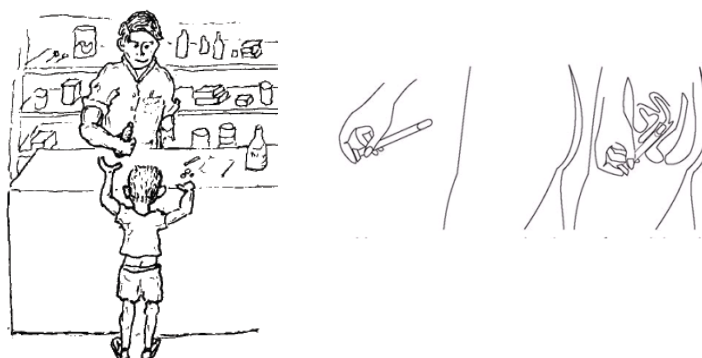
7. IF YOU SEE A DOCTOR OR NURSE

- You may have a vaginal exam using a speculum
- This does not hurt but may be uncomfortable
- It is important for the Doctor or Nurse to be able to see inside your vagina
- They may use a swab and do a laboratory test



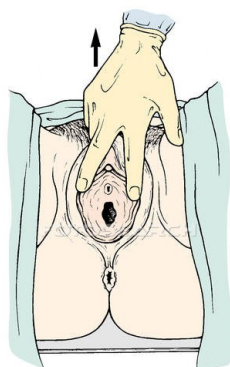
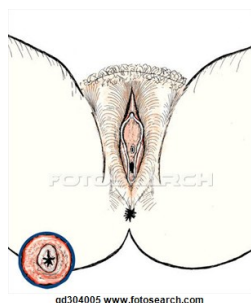
8. TAKE MEDICINES & STAY HEALTHY

- Take any medication that is prescribed until it is gone
- Some medication may be a pill
- Some medication may be a pill or cream for use inside your vagina



POSTER:

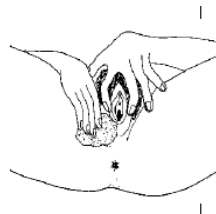
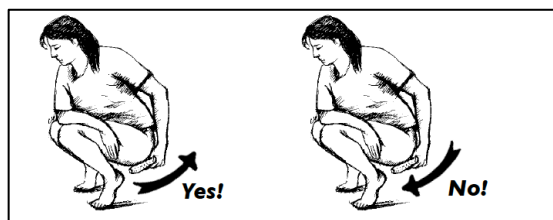
VAGINAL INFECTION



SIGNS THAT YOU HAVE AN INFECTION



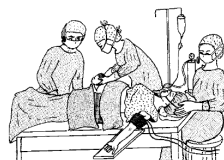
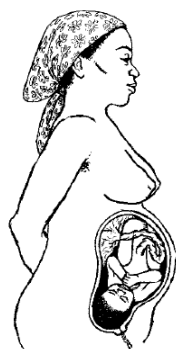
PREVENTION



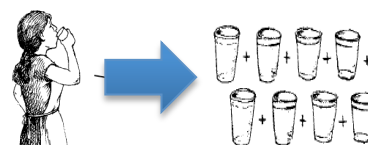
SEE A DOCTOR TO GET MEDICINE



IF YOU ARE PREGNANT, SEE A DOCTOR



DRINK A LOT OF CLEAN WATER



PRESENTER POINTS:

PRESENTATION IDEAS

- Use poster and follow presentation

GROUP PROJECT IDEAS

- Show proper use of condoms and have them practice unpacking and unrolling them
- Demonstrate how to correctly wipe after urinating

GIVE - AWAY IDEAS

FOR PATIENTS:

- Condoms

FOR COMMUNITY:

- Poster
- Teaching tools used in class

BACKGROUND RESEARCH FOR PRESENTER:

<http://www.cdc.gov/hiv/topics/basic/>

<http://aids.gov/hiv-aids-basics/>

<http://www.aidsinfo.nih.gov/hiv-aids-health-topics/353/basic-hiv-aids-information>