



TALKING = BREATHING

CAN NOT TALK = CAN NOT BREATHE



- **LOOK IN MOUTH**
- **CLEAR IF LOOSE**
- **BEND AT WAIST**
- **GIVE 5 BACK BLOWS BETWEEN SHOULDER BLADES**



- **STAND BEHIND**
- **WRAP ARMS**
- **PLACE FIST JUST BELOW RIBS**
- **PULL UP AND IN SHARPLY**
- **USE FORCE**
- **LIFT THE PERSON OFF THEIR FEET**