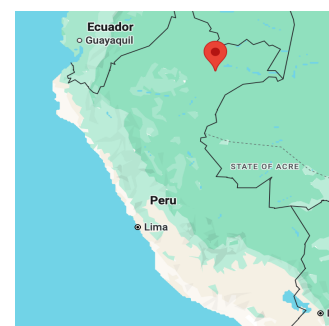




Peru Northern Amazon Mini

March 4, 2026 — March 7, 2026

Starting at: \$1,100



OVERVIEW

The Need

Peru is situated in a seismically active region, where major earthquakes occur frequently. In addition, the country faces a range of environmental challenges—heavy rainfall, flooding, droughts, forest fires, frost, snowfall, and the periodic El Niño phenomenon—making communities more vulnerable and susceptible to disease. Whereas in 2011 the fertility rate was 7.7 children per woman, the current total fertility rate is around 2.0 children per woman, the crude death rate today is about 4.4 per 1,000, and the infant mortality rate stands at 10.8 per 1,000 live births—a dramatic shift from past figures. Many deaths continue to be caused by preventable infectious diseases such as tuberculosis, pneumonia, malaria, and yellow fever.

Peru's healthcare system, like those in many Latin American countries, often lacks the infrastructure to serve remote populations. A 2009 study by the World Bank and WHO identified indigenous communities as being in critical need of

comprehensive health support. In response, IMR is working in collaboration with local partners to provide medical and dental care, as well as health education, to these often-overlooked populations. Your team will encounter patients with untreated infections, wounds, and common ailments, as well as individuals suffering from severe dental issues—often relying only on home remedies for relief.

Annual flooding in the Amazon River basin presents additional challenges—including skin infections and emotional trauma linked to displaced families and destroyed homes. Dengue fever is also a growing concern: Peru was among the countries hit by a major dengue outbreak in 2024–2025 with nearly 223,000 reported cases. Public health education and supportive care for mosquito-borne diseases will be a key part of our mission.

This trip offers a powerful opportunity to provide compassionate, hands-on care to those who truly need it. We will bring indigenous patients from isolated areas into our clinic and collaborate closely with local medical students. If you have a passion for teaching and serving vulnerable communities, this experience is especially rewarding.

Our Work

International Medical Relief began relief efforts in Peru in 2012. Since then, more than 300 volunteers and staff have served over 9,000 patients. IMR continues to strengthen their relationship with the community and provide community health training, medical treatments, medical supplies and equipment, and clinic operations.

With diligent planning and preparation, IMR is dedicated to ensuring that specific goals are met on our missions, each in correlation to the United Nations Sustainable Development Goals 3, 6, and 17.

IMR works to elevate vulnerable populations through shoulder-to-shoulder care with our local partners, creating workforce density, and a cadre of future healthcare and public health leaders in association to UNSDG 3: Good Health & Wellbeing.

Our medical mission teams also work toward UNSDG 6: Clean Water & Sanitation by supporting and strengthening the participation of local communities in improving their water quality and installing water filtration systems that supply communities with clean drinking water and providing education on hydration and hygiene.

In correlation with UNSDG 17: Partnerships for the Goals, our organization works in collaboration and at the request of local hosts where we are under their direct influence and affluence. IMR never goes into a country without a formal invitation where there is a great community need for medical or dental care, and health education.

This Mission

This unforgettable journey begins and ends in Iquitos, Peru, a lively and remote city nestled deep within the Amazon rainforest. Accessible only by river or air, Iquitos is the largest city in the world unreachable by road, offering a unique blend of urban energy and untamed nature. Situated along the banks of the Amazon River, the city serves as a vital hub for exploring the surrounding jungle, including the renowned Pacaya-Samiria National Reserve, home to extraordinary wildlife and pristine tropical landscapes.

Lodging/Transportation

You will be staying in a lovely hotel on this trip, traveling each day to the small villages and towns that are in need of medical and dental care. Bring your bathing suit and don't forget your camera!

Highlights

Working with the indigenous communities surrounding Iquitos is a truly unique and immersive experience. You will have the opportunity to engage with Amazonian cultures and learn about traditional healing practices that have been passed down for generations. Local artisans often share their handcrafted creations, including intricately woven textiles, beaded jewelry, hand-carved wooden items, natural-dye ceramics, and clothing that reflects their vibrant heritage and connection to the rainforest.

A highlight of this trip is your final day in Iquitos, where you can choose to relax, explore the surrounding Amazon rainforest, or shop for locally made goods and souvenirs. Alternatively, you may opt to travel to Lima, Peru's capital city. A UNESCO World Heritage Site, Lima is celebrated for its rich history, world-class museums, pre-Columbian archaeological sites, stunning coastline, dynamic culinary scene, and energetic nightlife. Your decision will depend on your return flight schedule and personal preferences—either way, it's a chance to add something special to your journey.

If you're considering extending your trip, visiting Machu Picchu is an unforgettable option. From Lima, you can fly to Cusco and then travel by train and bus through the Sacred Valley to reach this iconic Incan citadel, another UNESCO World Heritage Site and one of the New Seven Wonders of the World. Contact our partner, Worldwide Navigators, to learn more about adding this incredible experience to your itinerary.



ITINERARY

This itinerary is subject to change without notice.

Please note: You will be notified about the group flight option prior to the Early Bird deadline. Domestic flight arrangements should not be made until after the group flight is booked.

If you choose to fly independently, transportation between your arrival airport and your IMR accommodation is not included. If you wish to arrange transportation, you can contact flights@worldwidenavigators.com.

*If you have any questions regarding flights, please contact flights@worldwidenavigators.com.
Thank you.*

Wednesday, March 4, 2026

Arrivals & Orientation

You and the team will fly into Iquito and arrive to the Coronel FAP Francisco Secada Vignetta International Airport (IQT). Please arrive by 2pm to transfer to your hotel and meet up with the other volunteers you'll be working with this week for a team dinner. After dinner, you will attend the team orientation to prepare

you for the upcoming week of clinic. During orientation, your team leader will assign roles for the clinic, discuss our community health education efforts in detail, present IMR's clinic protocols, and provide an overview of the communities your team will be serving in Peru. Our partners will join us to explain the cultural components, medical landscape and overview of the medical conditions prevalent in the area.

Thursday, March 5, 2026

Clinic

Today is your first day of clinic! Wake to enjoy a hearty breakfast with your team. Clinics begin early in the morning and run into the evenings. Your days will be long and hard, but also incredibly rewarding. You will find the indigenous people of the rainforest to be among the kindest people you will meet and the most in need of healthcare. After returning back to your accommodation at the end of the day, you will have a team debrief with your team leader and dinner provided at the accommodation.

Friday, March 6, 2026

Clinic

Most time at the clinic will be spent treating those with with infections, wounds, and common health problems that are frequently untreated. Clinic days will also be spent caring for the indigenous people of the Peruvian rainforest with conditions associated with the annual Amazon Basin flooding such as skin issues, infections, and emotional loss.

Saturday, March 7, 2026

Optional Training Day and Departures

Enjoy one final breakfast with your team! Depending on the time your flight leaves, you can explore more of the city before you head back to the airport for your international flight home. If you're interested in extending your stay, our partner Worldwide Navigators offers exclusive trip extensions just for IMR volunteers! See the extensions tab on this page for details.



EXTENSIONS

You're journeying halfway across the globe, have you considered extending your stay to visit some of Peru's top spots? Join International Medical Relief on an exclusive trip extension provided by our partner, Worldwide Navigators!

[Click here to view the itinerary!](#)

Ready for the adventure? Connect with Worldwide Navigators today!



FLIGHTS AND PRICES

Minimum Donation

Your generous donation helps to save and change lives every day

Your generous donation of **\$1200** will go toward the ongoing global relief to care for the underserved and vulnerable people of this community. As a member of this medical mission team, you will elevate the long-term impact of sustainable, capacity-building efforts that improve the health, wellness, and quality of life of those most in need. A small portion of your donation includes:

- Clinic supplies and medications for patients
- Clinic participation
- Transportation, accommodations, and meals as outlined in the itinerary

Donation Payment Deadlines

\$1100 due by December 4, 2025

\$1200 due by February 4, 2026

Early Bird Savings Opportunity

To be eligible, upload all your required documents and forms, and make a minimum of 50% of your donation payment by .

FLEXIBLE FLIGHT OPTIONS

Volunteer with Airfare

You may choose to book a flight with us for an additional fee. Details on the available flight routing and US departure city will be announced on . Airport transportation to and from the team's accommodations are also included with this option. Depending on your departure city, you may still need to purchase another flight in addition to this one. After this flight has been booked, you may contact our travel agent, Worldwide Navigators, for assistance booking any necessary additional flights.

Benefits of Flying at a Group Rate

- Travel with other members of your team on select routing
- Fly on a group ticket at a guaranteed rate
- Transport to and from the airport included

Volunteer without Airfare

Many team members choose to book their flight(s) to and from the mission location independent of IMR. This is a great option if you would like to extend your stay in the area to tour and explore, or if the routing from your home airport is more feasible for you. If you choose to fly independently, please note that your transportation in between the airport and the team's accommodations will not be provided. This will need to be arranged separately. Our partner for travel, Worldwide Navigators, would be happy to assist you in coordinating flights and/or transportation. You can contact them at travel@worldwidenavigators.com.

Benefits of Flying Independently

- Extend your stay and customize your dates of travel
- Choose your departure location
- Customize your class of service

Featured Enhancements

Airfare & Airport Transfer:

Starting at \$50+ each way plus airfare that is subject to availability at the time of booking.

Single Supplement:

\$100 per night

Airport Transfers (for independent flyers):

\$50 each way

Malpractice Insurance:

\$129.50 to \$279.50

Continuing Education (CE/CME) Credits:

\$350

Personalized Scrubs (2 sets):

\$50

IMR T-Shirt:

\$15

Partner Program:

Starting at \$25 per month

*** To purchase any of the above Featured Enhancements for your mission please contact our office at office@imrus.org or call at (970) 635-0110*

Your Donation to IMR for Your Mission Cost Includes:

All group costs from the time you arrive at the team meeting point in country until you separate from the team or when the team arrives at the departure airport, including:

- Transportation
- Lodging
- Costs associated with the clinic
- Food
- Tips for services provided to the IMR team
- All logistics, including translation services and security as needed

Additional Costs That You Are Responsible For:

All group costs from the time you arrive at the team meeting point in country until you separate from the team or when the team arrives at the departure airport, including:

- International and Domestic flights to the country. [You have the option to](#)

[fly independently, or on a group flight with IMR](#)

- Passport fees, visa fees, and transit fees, including baggage or overnight accommodations/meals while in transit
- Required or recommended insurance
- Vaccinations and medications common for travel
- Spending money for souvenirs and personal purchases
- Required or desired mission supplies, personal equipment, or small gifts for the special people you meet
- Any lodging, meals, and transportation outside of the scheduled team mission, payable at the time of service to the local vendor
- COVID-related fees such as testing, vaccinations, and quarantines as required by incountry arrival/departure or USA arrival/departure