



Borneo

January 18, 2026 — January 24, 2026

Starting at: \$2,200



OVERVIEW

The Need

Borneo is a rugged and remote island located in Southeast Asia's Malay Archipelago and is the third-largest island in the world. The island is known for its biodiverse rainforest that is home to indigenous tribes and 288 species of terrestrial mammals, and its incredible geographical features. Borneo is mostly covered in dense mountain scape and features the 13,455 foot Mount Kinabalu, the highest peak in Malaysia.

There are many other mountains with countless lesser-known trails to hike in Borneo, each with stunning panoramic rainforest and ocean views. While hiking, visitors have the opportunity to view over 700 unique species of trees, each seemingly more unique than the last. Travelers can also experience more of Borneo's stunning topography and biodiversity by heading below the surface of the island's remarkably blue water.

Despite Borneo's size, it is not densely populated, and most of the island's inhabitants live near the coast. The residents represent approximately 300 ethnic groups, but about two-thirds of the population is Muslim. Since three different sovereignties govern this island, the Malaysian Ministry of Health runs the healthcare system; consequently, access to quality healthcare is not equally distributed, and many of the local health centers are not staffed by doctors. To make health services more accessible for the residents who do not live along the coast, the IMR team will work with local physicians to establish clinic locations in different villages in the jungle.

This Mission

Each day of clinic will be spent in the heart of a new village. Community members will be eager to welcome you and receive much-needed treatment. During clinic, you can expect to assist entire families that span multiple generations. The services that you provide will range from the treatment of rashes, burns, and open wounds, to care for lymphatic filariasis, leptospirosis, and schistosomiasis. Since mosquito-borne diseases are quite common in this region, you will also educate families on how to prevent contracting malaria.

You and the rest of the volunteer team will also educate locals on how to stay healthy and how to care for their loved ones. One of the main focuses of this mission is dentistry. Because dental pain is common here and all community members are encouraged to attend, the demand for dental care will be high. Another main focus of this mission is women's healthcare. We will provide general women's and infant care, as well as strengthen prenatal care knowledge.

Learn more about our clinic operations: <https://internationalmedicalrelief.org/resources/>

Lodging/Transportation

The team will be staying in a beautiful, safe, clean and friendly hotel for the week. The arranged transportation for the mission will include vans, 4x4 vehicles, and boats.

For additional information, please contact our preferred travel agency, Worldwide Navigators. Their team of experienced agents and travelers is available via email at travel@worldwidenavigators.com.

Highlights

The highlight of this trip is serving patients who, without you and your team, would not have access to healthcare. Your patients will mostly be from working-class families and refugee groups and will be eager to receive your treatment and kindness. Since the most significant age demographic in Borneo are those aged 15 and younger, your humanitarian efforts will leave a lasting impression on those who will shape their nation's future.

While the most rewarding and memorable aspect of this trip will be caring for the people of Borneo, you will not be able to forget the lush rainforest and mesmerizing sunsets. Another activity that you will always reflect fondly upon is your team's trip to the Semenggoh Nature Preserve to see the orangutans; if you are lucky, you may even go home with an orangutan selfie!



ITINERARY

This itinerary is subject to change without notice.

Please note: You will be notified about the group flight option prior to the Early Bird deadline. Domestic flight arrangements should not be made until after the group flight is booked.

If you choose to fly independently, transportation between your arrival airport and your IMR accommodation is not included. If you wish to arrange transportation, you can contact flights@worldwidenavigators.com.

*If you have any questions regarding flights, please contact flights@worldwidenavigators.com.
Thank you.*

Sunday, January 18, 2026

Arrivals

You and the rest of your volunteer team will land at the Kuching International Airport in Malaysia. If you are traveling on the group flight or are purchasing airport transportation a la carte, you will board the transportation that will take you to your hotel located in Kuching to check-in by 5 PM for a team dinner. After

dinner, your team leader will provide a general overview of the days ahead. Since you will be staying in and serving communities that are not typical tourist destinations, your journey in Borneo will be incredible!

Monday, January 19, 2026

Orientation & Training Day

Once you have socialized and dined with your team during breakfast, your team leader will dive right into orientation. During orientation, your leader will assign roles for the clinic, present IMR's clinic protocols, and provide an overview of the many communities your team will serve. This medical mission is unique because, unlike other IMR trips, the teams in Borneo will visit a different community each day of clinic. One of our local partners will give your team an overview of Borneo's healthcare system. Then you and your team will provide training for local healthcare providers to continue IMR's long-term, sustainable education efforts. Education is as important as medical and dental care for our patients. Each clinic includes basic health education according to the specialties and skills of the IMR volunteers, as well as the needs of the local people. When communities become empowered to take health and wellness issues into their own hands, they become self-sufficient. IMR provides learning opportunities for the local communities through classes and hands-on learning to sustain their well-being beyond our visit. After training, you will take a tour of one of the communities in the jungle of east-central Borneo, so be sure to bring your adventure shoes.

Tuesday, January 20, 2026

Clinic

Once you have indulged in a hearty local breakfast, you will meet with the other volunteers assigned to your clinic. Remember, you will serve a different community every day of the trip, so make sure you stick with your team. Clinics begin early in the morning and run into the evenings. Your days will be long and hard, but also incredibly rewarding.

Wednesday, January 21, 2026

Clinic

One of the main focuses of this mission is dentistry. Because dental pain is common here and all community members are encouraged to attend, the demand for dental care in clinic will be high.

Thursday, January 22, 2026

Clinic

Since three different sovereignties govern Borneo, the Malaysian Ministry of Health runs the healthcare system. Consequently, access to quality healthcare is not equally distributed, and many of the local health centers are not staffed by

doctors. To make health services more accessible for the residents who do not live along the coast, IMR has worked with local physicians to establish clinic locations in different villages in the jungle.

Friday, January 23, 2026

Free Day/Optional Orangutan Preserve

Make your last day in Borneo memorable with an optional visit to the Semenggoh Nature Preserve near Kuching. The Semenggoh Nature Preserve is a primate rehabilitation center that nurtures orangutans who need to learn how to survive in the wild. The orangutans that you will see have been rescued, either as orphans in the wild or from captivity, and will ultimately be released to the forest surrounding the compound so they may breed and live in the wild. The orangutan viewing will require you to hike along trails, so bring a backpack to help make your visit more enjoyable. Also, please note this activity has an additional cost. If you are a lover of trekking and want to see these animals in the wild, then you may want to consider registering for the Orangutan Expedition from Worldwide Navigators.

Saturday, January 24, 2026

Departures

After a final breakfast with your team, it will be time to say good bye to the amazing Borneo and depart for the airport for your flight home.



EXTENSIONS

Since you're journeying halfway across the globe, consider extending your stay to see more of Borneo, the only place in the world where orangutans live in the wild! Join International Medical Relief on an exclusive trip extension provided by our partner, Worldwide Navigators!

Worldwide Navigators offers several options for wildlife viewing, island hopping, snorkeling and diving, and more. Take a look at the options available.



FLIGHTS AND PRICES

Minimum Donation

Your generous donation helps to save and change lives every day

Your generous donation of **\$2200** will go toward the ongoing global relief to care for the underserved and vulnerable people of this community. As a member of this medical mission team, you will elevate the long-term impact of sustainable, capacity-building efforts that improve the health, wellness, and quality of life of those most in need. A small portion of your donation includes:

- Clinic supplies and medications for patients
- Clinic participation
- Transportation, accommodations, and meals as outlined in the itinerary

Donation Payment Deadlines

\$2000 due by October 20, 2025

\$2200 due by December 21, 2025

Early Bird Savings Opportunity

To be eligible, upload all your required documents and forms, and make a minimum of 50% of your donation payment by .

FLEXIBLE FLIGHT OPTIONS

Volunteer with Airfare

You may choose to book a flight with us for an additional fee. Details on the available flight routing and US departure city will be announced on . Airport transportation to and from the team's accommodations are also included with this option. Depending on your departure city, you may still need to purchase another flight in addition to this one. After this flight has been booked, you may contact our travel agent, Worldwide Navigators, for assistance booking any necessary additional flights.

Benefits of Flying at a Group Rate

- Travel with other members of your team on select routing
- Fly on a group ticket at a guaranteed rate
- Transport to and from the airport included

Volunteer without Airfare

Many team members choose to book their flight(s) to and from the mission location independent of IMR. This is a great option if you would like to extend your stay in the area to tour and explore, or if the routing from your home airport is more feasible for you. If you choose to fly independently, please note that your transportation in between the airport and the team's accommodations will not be provided. This will need to be arranged separately. Our partner for travel, Worldwide Navigators, would be happy to assist you in coordinating flights and/or transportation. You can contact them at travel@worldwidenavigators.com.

Benefits of Flying Independently

- Extend your stay and customize your dates of travel
- Choose your departure location
- Customize your class of service

Featured Enhancements

Airfare & Airport Transfer:

Starting at \$50+ each way plus airfare that is subject to availability at the time of booking.

Single Supplement:

\$100 per night

Airport Transfers (for independent flyers):

\$50 each way

Malpractice Insurance:

\$129.50 to \$279.50

Continuing Education (CE/CME) Credits:

\$350

Personalized Scrubs (2 sets):

\$50

IMR T-Shirt:

\$15

Partner Program:

Starting at \$25 per month

*** To purchase any of the above Featured Enhancements for your mission please contact our office at office@imrus.org or call at (970) 635-0110*

Your Donation to IMR for Your Mission Cost Includes:

All group costs from the time you arrive at the team meeting point in country until you separate from the team or when the team arrives at the departure airport, including:

- Transportation
- Lodging
- Costs associated with the clinic
- Food
- Tips for services provided to the IMR team
- All logistics, including translation services and security as needed

Additional Costs That You Are Responsible For:

All group costs from the time you arrive at the team meeting point in country until you separate from the team or when the team arrives at the departure airport, including:

- International and Domestic flights to the country. [You have the option to](#)

[fly independently, or on a group flight with IMR](#)

- Passport fees, visa fees, and transit fees, including baggage or overnight accommodations/meals while in transit
- Required or recommended insurance
- Vaccinations and medications common for travel
- Spending money for souvenirs and personal purchases
- Required or desired mission supplies, personal equipment, or small gifts for the special people you meet
- Any lodging, meals, and transportation outside of the scheduled team mission, payable at the time of service to the local vendor
- COVID-related fees such as testing, vaccinations, and quarantines as required by incountry arrival/departure or USA arrival/departure