



Colorado USA

November 9, 2025 — November 15, 2025

Starting at: \$100



OVERVIEW

The Need

Over the past five years, Denver's unhoused population has nearly doubled and grown 12 times faster than the city's total population. People experiencing homelessness continues to be an increasingly severe problem and government subsidies and charitable organizations simply cannot keep up with the demands to provide enough care and services. The latest trajectories put Denver on a path of even greater limited resources. There simply are not enough resources to care for the healthcare demands of this growing population.

Many patients in this community suffer from medical recidivism because they simply do not know how to manage preventative measures of health and nutrition, cannot properly maintain their chronic health conditions, or lack the ability to self-triage between basic or urgent health care needs. Our goal is to help put them on a path for a healthier life, guide them through consultations and education toward better options or ultimately give them the care they need

right then. IMR began providing life-saving work in the Colorado shelter system during Covid. For nearly two years, IMR provided 24/7 coverage to these vulnerable populations in a congregate resident setting and made a huge impact to those suffering from homelessness. Today, we continue the care that our phenomenal caregivers gave by revisiting these neighbors and being a part of this continuing story. Volunteers will advocate for these patients and provide them with life-saving knowledge and care. Join us to help save lives and make a difference. For our patients, no matter their situation, IMR helps to ensure each and every one has access to quality care and are welcome.

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Our Work

International Medical Relief's immersive, week-long global health experience in Colorado offers participants a transformative opportunity to deepen their understanding of international medical care. Through certified courses such as Basic Life Support, CPR, and Mental Health First Aid, participants gain valuable credentials and practical skills. The program includes direct engagement with IMR's professional staff—seasoned experts in global health—who provide mentorship and real-world insight into the complexities of delivering care in underserved regions. Attendees will take part in IMR's signature lecture series and hands-on workshops covering critical global health issues including infectious diseases, pharmaceutical resistance, and prevention strategies. Participants will also curate medical supplies and equipment for an upcoming international deployment at our logistics center, learning firsthand how IMR prepares for fieldwork.

Throughout the week, meaningful dialogue with peers and global health leaders fosters critical thinking, cross-cultural competency, and a deeper commitment to humanitarian service. This immersive experience cultivates both professional readiness and a lasting passion for global medical missions and health equity.

With diligent planning and preparation, IMR is dedicated to ensuring that specific goals are met on our missions, each in correlation to the United Nations Sustainable Development Goals 3 and 17.

IMR works to elevate vulnerable populations through shoulder-to-shoulder care with our local partners, creating workforce density, and a cadre of future healthcare and public health leaders in association with UNSDG 3: Good Health & Well-being.

In correlation with UNSDG 17: Partnerships for the Goals, our organization works in collaboration and at the request of local hosts where we are under their direct influence and affluence. IMR never goes into a country without a formal invitation where there is a great community need for medical or dental care, and health education.

This Mission

You don't have to leave the U.S. to make a great impact. Participating in a Colorado experience allows you to be a part of the IMR family right in our U.S. headquarters. IMR fosters a heart of service and the ability to bring hope and care to communities around the world. Here, you can gain this same joy of giving back in our nation where people experience homelessness. You will also have the opportunity to build a bridge for our teams deploying for international clinic locations and the communities they serve by packing with care the much needed medical supplies and equipment to be sent to doctors and nurses with the tools they need to provide sustainable education and training, treatment and diagnosis of patients with full laboratory, specialty equipment, pharmacy, triage and other diagnostic equipment.

Lodging/Transportation

You will be staying in the city of Denver for the week. Lodging, meals, and transportation are not included.

For assistance IMR's travel partner, Worldwide Navigators, can assist out-of-state volunteers with accommodations that match your price point, from hotels to homestays. Contact Worldwide Navigators.



ITINERARY

This itinerary is subject to change without notice.

Please note: You will be notified about the group flight option prior to the Early Bird deadline. Domestic flight arrangements should not be made until after the group flight is booked.

If you choose to fly independently, transportation between your arrival airport and your IMR accommodation is not included. If you wish to arrange transportation, you can contact flights@worldwidenavigators.com.

*If you have any questions regarding flights, please contact flights@worldwidenavigators.com.
Thank you.*

Sunday, November 9, 2025

Arrivals

Plan to arrive in Denver, Colorado Sunday evening and settle in for the night. IMR's travel partner Worldwide Navigators can assist all volunteers coming from out-of-state with accommodation that matches your price point, from hotels to homestays.

Monday, November 10, 2025

Orientation and CPR/Basic First Aid Training

Eat breakfast at your leisure. You and your team will meet at 8am for orientation. Your team leader will go through your orientation program which includes roles for the day's operations and IMR's protocols, in addition to an overview of the location and/or community you and your team will be serving today. Your days may be different as there are a variety of needs in Colorado's underserved communities, including community health education, basic health overviews, health screenings, body mechanics, consultation and referrals, Q&A sessions, and other support. In the afternoon, you will have the opportunity to get certified training in CPR and Basic First Aid by our certified master trainers or teach if you are a master trainer yourself. Go home with an extra skillset that will serve you when you least expect it. In the evening you will have a debrief from your team leader and review goals for the next day. Enjoy the many offerings that the City of Denver has to offer in downtown from our 16th Street Mall, Lodo, The Highlands, or if you have more energy, take in Elitch's or a baseball game!

Tuesday, November 11, 2025

Global Health Office Work

Get ready to learn and grow in your knowledge about IMR and medical missions. You will get to discuss global health care, learn what is new and offer innovative ideas about global health. Your team will also work together compiling statistics from previous trips, organizing paperwork for upcoming missions, and providing valuable support to the IMR organization.

Wednesday, November 12, 2025

Warehouse Warriors

Today you'll learn the ins and outs of how IMR prepares our supplies for each deployment. Get an inside look at what makes our clinics run and pack out supplies with loving care for an upcoming deployment. Sort, organize, and prepare each area of clinic, educational materials, and medications for upcoming international missions in IMR signature orange bags. In the evening, you'll return to Denver to get rested for your next day of service.

Thursday, November 13, 2025

Medical Relief Clinic

This morning, you and your team will meet for an overview of what your day will look like providing volunteer services to the people of Colorado. Your day will be full of many opportunities to serve others and will be extremely rewarding.

Friday, November 14, 2025

Medical Relief Clinic

Your final day of volunteering with IMR has come so make today count – last day best day! At the end of your day we will have a grand finale debrief, pass out much-earned certificates, and celebrate each other and our accomplishments with a ‘cheers to peers’ after volunteering. You are welcome to depart Colorado anytime after 6pm today. If you are flying, plan a departure time at 8pm or later for your journey back home.

Saturday, November 15, 2025

Departures

Your mission has officially concluded. Worldwide Navigators can help arrange Colorado tours for you in Colorado Springs or many of our mountain communities where skiing, fly fishing, hiking, the National Parks and so many other activities of the great outdoors attract tourists from across our nation. Contact Worldwide Navigators. Thank you for your service! Welcome Home! Please upload your photos!



EXTENSIONS



FLIGHTS AND PRICES

Minimum Donation

Your generous donation helps to save and change lives every day

Your generous donation of **\$100** will go toward the ongoing global relief to care for the underserved and vulnerable people of this community. As a member of this medical mission team, you will elevate the long-term impact of sustainable, capacity-building efforts that improve the health, wellness, and quality of life of those most in need. A small portion of your donation includes:

- Clinic supplies and medications for patients
- Clinic participation
- Transportation, accommodations, and meals as outlined in the itinerary

Donation Payment Deadlines

\$100 due by August 11, 2025

\$100 due by October 12, 2025

Early Bird Savings Opportunity

To be eligible, upload all your required documents and forms, and make a minimum of 50% of your donation payment by .

FLEXIBLE FLIGHT OPTIONS

Volunteer with Airfare

You may choose to book a flight with us for an additional fee. Details on the available flight routing and US departure city will be announced on . Airport transportation to and from the team's accommodations are also included with this option. Depending on your departure city, you may still need to purchase another flight in addition to this one. After this flight has been booked, you may contact our travel agent, Worldwide Navigators, for assistance booking any necessary additional flights.

Benefits of Flying at a Group Rate

- Travel with other members of your team on select routing
- Fly on a group ticket at a guaranteed rate
- Transport to and from the airport included

Volunteer without Airfare

Many team members choose to book their flight(s) to and from the mission location independent of IMR. This is a great option if you would like to extend your stay in the area to tour and explore, or if the routing from your home airport is more feasible for you. If you choose to fly independently, please note that your transportation in between the airport and the team's accommodations will not be provided. This will need to be arranged separately. Our partner for travel, Worldwide Navigators, would be happy to assist you in coordinating flights and/or transportation. You can contact them at travel@worldwidenavigators.com.

Benefits of Flying Independently

- Extend your stay and customize your dates of travel
- Choose your departure location
- Customize your class of service

Featured Enhancements

Airfare & Airport Transfer:

Starting at \$50+ each way plus airfare that is subject to availability at the time of booking.

Single Supplement:

\$100 per night

Airport Transfers (for independent flyers):

\$50 each way

Malpractice Insurance:

\$129.50 to \$279.50

Continuing Education (CE/CME) Credits:

\$350

Personalized Scrubs (2 sets):

\$50

IMR T-Shirt:

\$15

Partner Program:

Starting at \$25 per month

*** To purchase any of the above Featured Enhancements for your mission please contact our office at office@imrus.org or call at (970) 635-0110*

Your Donation to IMR for Your Mission Cost Includes:

All group costs from the time you arrive at the team meeting point in country until you separate from the team or when the team arrives at the departure airport, including:

- Transportation
- Lodging
- Costs associated with the clinic
- Food
- Tips for services provided to the IMR team
- All logistics, including translation services and security as needed

Additional Costs That You Are Responsible For:

All group costs from the time you arrive at the team meeting point in country until you separate from the team or when the team arrives at the departure airport, including:

- International and Domestic flights to the country. [You have the option to](#)

[fly independently, or on a group flight with IMR](#)

- Passport fees, visa fees, and transit fees, including baggage or overnight accommodations/meals while in transit
- Required or recommended insurance
- Vaccinations and medications common for travel
- Spending money for souvenirs and personal purchases
- Required or desired mission supplies, personal equipment, or small gifts for the special people you meet
- Any lodging, meals, and transportation outside of the scheduled team mission, payable at the time of service to the local vendor
- COVID-related fees such as testing, vaccinations, and quarantines as required by incountry arrival/departure or USA arrival/departure