



Colombia

February 23, 2025 — March 1, 2025

Starting at: \$1,600



OVERVIEW

The Need

In Colombia, there are several basic health needs that can be effectively addressed during community medical missions. Access to primary healthcare remains a challenge in many underserved areas, leading to a range of treatable conditions. One prevalent issue is the need for basic healthcare screenings and preventive services as well as training and education on basic health needs. Women's health is of critical importance to reduce infant and maternal mortality rates. Additionally, infectious diseases, like parasitic infections and waterborne illnesses, are common in certain regions, requiring diagnostic and treatment interventions. Malnutrition and inadequate access to clean water also contribute to health problems, particularly among children. Chronic conditions, such as hypertension and diabetes, often go untreated due to limited healthcare resources.

IMR aims to identify these cases and provide patients with knowledge while

bringing them into the medical system for regular care and follow-up. By providing medical check-ups, vaccinations, education on hygiene and nutrition, and access to essential medications, community medical missions play a crucial role in addressing these basic health needs and improving the overall well-being of Colombia's underserved populations.

Our Work

On this mission trip to Colombia, IMR will work with seasoned humanitarians and community leaders vested in the health and well-being of the community. With diligent planning and preparation, IMR is dedicated to ensuring that specific goals are met on our missions, each in correlation to the United Nations Sustainable Development Goals 3 and 17.

IMR works to elevate vulnerable populations through shoulder-to-shoulder care with our local partners, creating workforce density, and a cadre of future healthcare and public health leaders in association to UNSDG 3: Good Health & Wellbeing.

In correlation with UNSDG 17: Partnerships for the Goals, our organization works in collaboration and at the request of local hosts where we are under their direct influence and affluence. IMR never goes into a country without a formal invitation where there is a great community need for medical or dental care, and health education.

This Mission

Santa Marta, located on Colombia's Caribbean coast, is a city with a unique blend of healthcare needs and captivating cultural opportunities. The region faces healthcare challenges with disparities in access to medical services, particularly in impoverished communities. The city's infant mortality rate, although decreasing, remains a concern, and access to quality healthcare is a critical issue.

Lodging/Transportation

You will stay in very clean comfortable accommodations with shared bathrooms. The accommodations, fresh food, and amenities will allow you to recharge and get ready for the next day. Transportation to clinic is safe with reputable drivers and enough room for all.

Highlights

Santa Marta is a treasure trove of natural beauty and cultural richness. The Tayrona National Natural Park offers stunning beaches, dense forests, and diverse wildlife. Ciudad Perdida, an ancient archaeological site, is an intriguing historical attraction. Visitors can explore Santa Marta's rich cultural heritage, including indigenous communities, vibrant music, and delicious Caribbean

cuisine. By volunteering here, you not only provide essential medical care but also have the chance to experience the warmth and resilience of the local community while exploring the natural wonders of the region.



ITINERARY

This itinerary is subject to change without notice.

Please note: You will be notified about the group flight option prior to the Early Bird deadline. Domestic flight arrangements should not be made until after the group flight is booked.

If you choose to fly independently, transportation between your arrival airport and your IMR accommodation is not included. If you wish to arrange transportation, you can contact flights@worldwidenavigators.com.

*If you have any questions regarding flights, please contact flights@worldwidenavigators.com.
Thank you.*

Sunday, February 23, 2025

Arrivals and Orientation

You and the team will fly into Simón Bolívar International Airport (SMR) in Santa Marta. Please arrive by 2pm. Upon arrival, your team will transport to your hotel where you can check in and freshen up. You will enjoy a hearty dinner and attend the team orientation to prepare you for the upcoming week of clinic. Your team

leader will assign roles for clinic, address IMR's clinic protocols, and discuss the communities you will be serving in and around Santa Marta.

Monday, February 24, 2025

Clinic

After a hearty breakfast of local cuisine at your hotel, you will head to your first day of clinic! Patients of all ages will be lined up to greet you as the team arrives, excited to receive the medical care that is so difficult for many of them to attain.

Tuesday, February 25, 2025

Clinic

You will likely see many patients living with diabetes, hypertension, and heart disease. Not only can you offer treatment for acute symptoms, you will have the opportunity to provide patients with education on their conditions and the lifestyle changes that can help improve them.

Wednesday, February 26, 2025

Optional Training and Free Day

You and the team will have the opportunity to provide training for local healthcare providers to continue IMR's long-term, sustainable education efforts. Education is as important as medical and dental care for our patients. Each clinic includes basic health education according to the specialties and skills of the IMR volunteers, as well as the needs of the local people. When communities become empowered to take health and wellness issues into their own hands, they become self-sufficient. IMR provides learning opportunities for the local communities through classes and hands-on learning to sustain their well-being beyond our visit. You will also have free time to explore Santa Marta with its quaint historic streets and colorful architecture. There are so many things to do and see, it will be easy to get completely absorbed by the culture of this wonderful city.

Thursday, February 27, 2025

Clinic

Access to primary healthcare in Colombia remains a challenge in many underserved areas, leading to a range of treatable conditions. One prevalent issue is the need for basic healthcare screenings and preventive services as well as training and education on basic health needs.

Friday, February 28, 2025

Clinic

On your final day of clinic you'll likely reflect back on all those whose lives you touched during the week – and the lives that touched yours. Your patients will be grateful for the care and education you provided throughout the week, and we thank you for your service.

Saturday, March 1, 2025**Depart for Home**

You will have one final breakfast with the team before parting ways with your teammates. You may schedule your flight for any time you wish. Thank you for your service!



EXTENSIONS

Since you are already venturing across the globe, consider extending your stay by a few days to explore Santa Marta, the oldest city in Colombia, and the surrounding areas on an exclusive trip extension provided by our partner, Worldwide Navigators. Explore Tayrona National Natural Park, the ancient ruins of Ciudad Perdida, amazing beaches and reefs, and more! Contact Worldwide Navigators to help you plan the ideal extension.



FLIGHTS AND PRICES

Minimum Donation

Your generous donation helps to save and change lives every day

Your generous donation of **\$1800** will go toward the ongoing global relief to care for the underserved and vulnerable people of this community. As a member of this medical mission team, you will elevate the long-term impact of sustainable, capacity-building efforts that improve the health, wellness, and quality of life of those most in need. A small portion of your donation includes:

- Clinic supplies and medications for patients
- Clinic participation
- Transportation, accommodations, and meals as outlined in the itinerary

Donation Payment Deadlines

\$1600 due by November 25, 2024

\$1800 due by January 26, 2025

Early Bird Savings Opportunity

To be eligible, upload all your required documents and forms, and make a minimum of 50% of your donation payment by .

FLEXIBLE FLIGHT OPTIONS

Volunteer with Airfare

You may choose to book a flight with us for an additional fee. Details on the available flight routing and US departure city will be announced on . Airport transportation to and from the team's accommodations are also included with this option. Depending on your departure city, you may still need to purchase another flight in addition to this one. After this flight has been booked, you may contact our travel agent, Worldwide Navigators, for assistance booking any necessary additional flights.

Benefits of Flying at a Group Rate

- Travel with other members of your team on select routing
- Fly on a group ticket at a guaranteed rate
- Transport to and from the airport included

Volunteer without Airfare

Many team members choose to book their flight(s) to and from the mission location independent of IMR. This is a great option if you would like to extend your stay in the area to tour and explore, or if the routing from your home airport is more feasible for you. If you choose to fly independently, please note that your transportation in between the airport and the team's accommodations will not be provided. This will need to be arranged separately. Our partner for travel, Worldwide Navigators, would be happy to assist you in coordinating flights and/or transportation. You can contact them at travel@worldwidenavigators.com.

Benefits of Flying Independently

- Extend your stay and customize your dates of travel
- Choose your departure location
- Customize your class of service

Featured Enhancements

Airfare & Airport Transfer:

Starting at \$50+ each way plus airfare that is subject to availability at the time of booking.

Single Supplement:

\$100 per night

Airport Transfers (for independent flyers):

\$50 each way

Malpractice Insurance:

\$129.50 to \$279.50

Continuing Education (CE/CME) Credits:

\$350

Personalized Scrubs (2 sets):

\$50

IMR T-Shirt:

\$15

Partner Program:

Starting at \$25 per month

*** To purchase any of the above Featured Enhancements for your mission please contact our office at office@imrus.org or call at (970) 635-0110*

Your Donation to IMR for Your Mission Cost Includes:

All group costs from the time you arrive at the team meeting point in country until you separate from the team or when the team arrives at the departure airport, including:

- Transportation
- Lodging
- Costs associated with the clinic
- Food
- Tips for services provided to the IMR team
- All logistics, including translation services and security as needed

Additional Costs That You Are Responsible For:

All group costs from the time you arrive at the team meeting point in country until you separate from the team or when the team arrives at the departure airport, including:

- International and Domestic flights to the country. [You have the option to](#)

[fly independently, or on a group flight with IMR](#)

- Passport fees, visa fees, and transit fees, including baggage or overnight accommodations/meals while in transit
- Required or recommended insurance
- Vaccinations and medications common for travel
- Spending money for souvenirs and personal purchases
- Required or desired mission supplies, personal equipment, or small gifts for the special people you meet
- Any lodging, meals, and transportation outside of the scheduled team mission, payable at the time of service to the local vendor
- COVID-related fees such as testing, vaccinations, and quarantines as required by incountry arrival/departure or USA arrival/departure